



What are Patients and Families Need to Know About COVID-19

PLEASE CALL US FIRST 340-774-5437

- FOR AN APPOINTMENT
- TO DETERMINE WHETHER YOUR CHILD NEEDS TO BE SEEN
- FOR HOME GUIDANCE

PLEASE NO WALK-INS

Like other Coronavirus (common cold), COVID-19 will cause cough, runny nose, and possibly a mild fever. Like other viruses, there is no treatment aside from symptomatic and supportive care.

1. Tylenol or Motrin
2. Honey and lime for coughs in children over than 1 yr
3. Vaporizers
4. Nasal saline drops and suctioning for babies
5. Hydration with Pedialyte

Like other viruses, there is a greater concern for the elderly and those at any age with compromised immune systems. If you have mild symptoms, **PLEASE DO NOT GO TO THE EMERGENCY ROOM**. With mild symptoms, we ask that you stay home. We do not need to see you unless your child is having moderate to severe symptoms as follows:

- Any fever >100.4 in infants **less than 60 days old**
- Persistent high fevers 3 days or more in children from age infants to 3 years or fever lasting 5 or more days in older children.
- Any signs of respiratory distress- barky cough with increased work of breathing, fast rate of breathing, or cough that interferes with sleep or play
- Signs of dehydration- decreased urine output. Poor intake of fluids
- Ear pain for more than 2-3 days in kids older than 2 or in conjunction with fever in kids younger than 2 yrs of age

Ways to prevent or spread of the illness:

- Stay calm
- Wash your hands frequently and thoroughly
- Cover your cough or sneeze in your shirt
- Get the flu shot
- Eat healthily