

BACK TO SCHOOL



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Preparing for a Back-to-School Checkup



WRITE DOWN

- ✓ Your child's **medical history**, including any new health issues that may have developed over the past year
- ✓ A list of **vitamins and medications**, including dosage and frequency
- ✓ Any **dietary restrictions** or possible problem triggers

BRING IN

- Immunization records** if you're seeing a new doctor for the first time
- Sports authorization forms** that need to be signed by a health professional
- Medical authorization forms** if your child needs to take medication or have a medical procedure done while in school

SPORTS AUTHORIZATION



ASK

your child if he or she has any **questions for you or the doctor.**



ASK

for a **hearing and vision test** if your child has never been tested. Impaired hearing or vision can adversely affect learning.

Don't wait until your child becomes ill to see a doctor. Prevention trumps treatment when it comes to health. We treat all kinds of illnesses and injuries, and you don't have to wait days (or even hours) for an appointment.